

AFL 12 a Side

Playing Rules



- Playing Ground:** 120m x 60m (approx.)
- The Team:** The team shall consist of 12 players with 3 reserves. It is suggested that the team consist of 4 forwards, 4 centres & 4 defenders. Replacement of injured players may take place at any time. The new player taking the field must play the replaced players position until the end of the half.
- Playing Equipment:** All players are to wear full school team AFL uniform. **NO JEWELLERY is to be worn. Mouth guards are compulsory for all players.** The blood bin rule will apply and therefore any child who is bleeding will need to leave the field to be treated. Schools are advised to have their own band-aids/first aid on hand in case of minor injuries. The first aid officer should be used if the injury is of a more serious nature.
- Playing Time:** 2 halves of 9 minutes with a 2-minute half time for teams to swap ends.
- Start of Play:** Assemble in the centre of the ground to shake hands with the opposing tea
- The game shall be started by a ball-up (and restarted after each goal) between two players in the centre of the ground.
- Players contesting the ball-up should be of similar size and should be rotated. A Player may not grab the ball at the ball-up and play on. She must tap the ball and cannot play the ball again until another player has touched it.
- Out of Bounds:** When the ball goes out of bounds a free kick is awarded against the team to last touch the ball. A player cannot kick for goal from an out of bounds free kick. If the umpire cannot determine which team last touched the ball then play will be restarted by a ball-up adjacent to where the ball went out of bounds.
- Tackling:** *Players can:* 1) Perform a full wrap tackle, 2) Bump or push a player from the side, 3) Knock or steal the ball from an opponent's hands.
- Players cannot:* 1) Sling or dump an opponent to the ground, 2) Push the opponent in the back
- Umpires can award a free kick against a tackle or bump that is considered unnecessarily rough play.
- A wrap tackle is defined as:* A player in possession of the ball may be tackled by an opponent wrapping both arms around the area below the top of the shoulders and on/above the knees. The tackle may be from either side or from behind providing the tackle from behind does not thrust forward the player with the ball.
- A player in possession of the ball, when held by an opponent applying the tackle, should be given a reasonable chance to dispose of the ball by kick or by handball, or by attempting to kick or handball, otherwise a free kick shall be awarded to the tackler for holding the ball.

- Mark:** A free kick is awarded to any player who fairly catches a kick by another player (known as a mark) providing the kick travels at least 10metres.
- Bouncing:** A Player in possession of and running with the ball is permitted to bounce the ball once only before kicking or handballing. A player must bounce or touch the ball to the ground before traveling 10metres.
- Off the Ground:** Players are not permitted to deliberately kick the ball off the ground. Scoring: A goal (6 points) is awarded when the ball is kicked between the two major posts without being touched by the any other player. If the ball is touched before passing the two major posts or passes between the minor and major posts, a behind is registered and 1 point is awarded. After a goal is scored play restarts with a ball-up in the centre. After a behind is scored play restarts with a kick from the defending team from between the two major posts.
- Order Off Rule:** Players may be ordered from the field for rough play or abusive language. Time period is left to the umpire's discretion.
- Coaches:** Coaches are not permitted on the ground during play unless attending to an injury.
- End of Match:** Players to shake hands with the opposition team.

AFL Score Sheet

AFL(NSW/ACT) RESULTS SHEET

Competition:																				
Team:										v	Team:									
1	2	3	4	5	6	7	8	9	10		1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20		11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30		21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40		31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50		41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60		51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70		61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80		71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90		81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100		91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110		101	102	103	104	105	106	107	108	109	110
111	112	113	114	115	116	117	118	119	120		111	112	113	114	115	116	117	118	119	120
Total:											Total:									

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Team:										v	Team:									
1	2	3	4	5	6	7	8	9	10		1	2	3	4	5	6	7	8	9	10
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21	22	23	24	25	26	27	28	29	30		21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40		31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50		41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60		51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70		61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80		71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90		81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100		91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110		101	102	103	104	105	106	107	108	109	110
111	112	113	114	115	116	117	118	119	120		111	112	113	114	115	116	117	118	119	120
Total:											Total:									